

# IN TOUCH



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## 2nd Annual Community Health Awards

Southeastern Health hosted its 2nd Annual Community Health Awards program on October 13 at Robeson Community College to recognize efforts of individuals, churches, businesses, educational and health institutions, and civic and government organizations throughout the community to improve the health of the region.

"I can think of no better way to encourage partnerships and improve the health of our community than to set an example of how it is done," said SeHealth President/CEO **Joann Anderson**.

Anderson, along with SeHealth executives, awarded eight winner and 14 honorable mention awards for efforts such as transporting SeHealth employees during winter snow and ice storms, establishing a community garden and walking trails, and hosting educational health seminars at churches.

"It only takes a little bit," added Anderson about our ability to impact change.

"There is a theory of 212 degrees: At 211 degrees water is hot; at 212 degrees water boils. When water boils, steam is created, and steam can provide power for a train. Imagine what we could do if each

one of us next year increased our intensity—our commitment—just by one degree. Imagine the steam that would be created—power that would be created and the difference it would make."



Honored as overall winners, front row, from left, were Business Award Winner Communities in Schools Representative Executive Director Dencie Lambdin; Lifetime Award Winner **Dr. Martin Brooks**; and Individual Impact Award Winner BreAnna Branch of Food for Thought Community Garden. Back row, from left, are Emergency Personnel Winner East Howellsville Fire Department Representative Captain Jerry Oxendine; Faith-Based Winner Faith Tabernacle Christian Center Representative Elder William Douglas; Civic/Government Winner Red Springs STEP Committee Representative Code Administrator Andy Connor; and Education Winner Robeson Community College Representative Executive Assistant Rose Avant. Not pictured is Healthcare Winner Dr. Thomas Maynor, II, of Robeson Health Care Corporation.

**Dr. Martin Brooks** was presented with a special Lifetime Award for his contributions throughout the years.

"Dr. Brooks goes above and beyond in everything thing that he does," said Anderson. "He has dedicated his entire life to trying to help others overcome dependency on substances and substance abuse."

Overall winners were: Communities in Schools; Dr. Martin Brooks; BreAnna Branch of Food for Thought Community Garden; East Howellsville Fire Department; Faith Tabernacle Christian Center of St. Pauls; Red Springs STEP Committee; Robeson Community College; and Dr. Thomas Maynor II, of

Robeson Health Care Corporation.

Those recognized with honorable mention awards included: BB&T; Robeson Road Runners; Lumberton High School; Public Schools of Robeson County; Lumberton Rescue and EMS; Red Springs Rescue Unit; Chestnut Street United Methodist Church; The Rock Church of God; Robeson County Arts Council; Robeson County Sheriff's Department; Timothy Bell, PA; Physical Therapist **Julie Sawyer**; Vanessa Abernathy and Jack Barfield.

## From the president

As a regional healthcare provider, we have an obligation to not only care for and treat people who seek care with us but to also, provide them with the best environment for receiving that care. Our values, which are non-negotiable, provide the basis for that approach. In this issue's column, I want to focus on two of our values.

1. We act morally and ethically. This value stresses that we maintain patient confidentiality and privacy. Examples of that behavior would be: Knock before entering a room. Ask if it is okay to discuss the patient's care in the presence of visitors. Never discuss patient information in public areas. This value also stresses that we treat each other with dignity and courtesy. The 10-5 rule helps us to comply with this expectation. If you find yourself approaching another individual, at 10 feet you should make eye contact and at 5 feet a greeting should occur.
2. We strive for excellence in customer service. This is further defined by statements such as: we are courteous, polite and friendly to our customers and each other and we ask for, listen to and promptly respond to customers' needs. To me, this goes back to the basics of communication. What we do should be done with a smile. Using phrases such as "not my job," "I don't know why they did that," "this happens all the time," or "they didn't give me what I need" clearly go against this value. Rounding for outcomes helps us understand the needs of the patient and family. It opens up lines of communication.

I am confident we all know these values and never intentionally ignore them. I am equally confident that, if applied consistently, we will see positive results in quality, employee retention, market share, etc. I want Fiscal Year 2015 to be the best year ever for Southeastern Health. Providing the best environment to receive care, work and practice will ensure it is. I look forward to what we can accomplish together.



Joann Anderson,  
President/CEO

*Joann Anderson*  
Joann Anderson, MSN, FACHE  
President/CEO

### Mini-laparoscopy now offered at SRMC



Eric Velazquez, M.D.

Mini-laparoscopy technology is yet another improvement in minimally-invasive surgery; it uses smaller than conventional instruments (3 mm) to perform surgical procedures enhancing all the benefits of laparoscopic surgery.

Laparoscopy, more commonly known as "keyhole" surgery, is carried out in the abdomen of a patient. During

the procedure small incisions of up to half an inch are made and plastic tubes called ports are placed into these incisions acting as a channel into the body. It is performed using an endoscope (camera), which is placed through a port access system into the body, transmitting an image of the internal organs onto a screen which the surgeon is able to watch while operating. The endoscope becomes the surgeon's eyes for the entirety of the procedure and the instruments are the surgeon's hands.

Benefits for the patient include:

- Less post-operative pain and trauma
- Faster recovery

- Shorter hospital stays
- Smaller scars/ improved cosmesis (cosmetic appearance of scarring)
- Less invasive
- Less discomfort
- Less wound complications (infections/incisional hernias)
- Earlier return to full activities

Dr. **Eric Velazquez**, a fellowship trained laparoscopic and bariatric surgeon, now offers this innovative surgical technique at Southeastern Regional Medical Center. Among the surgeries he has performed with this approach are: laparoscopic cholecystectomies, inguinal hernia repairs, appendectomies and diagnostic laparoscopies.

"The applications for these instruments are countless," said Dr. Velazquez. "This is another way of helping our patients receive the surgical treatment needed and return to their normal daily activities faster."

For an appointment with Dr. Velazquez, call Southeastern Surgical Center, an affiliate of Southeastern Health, at (910) 739-0022.

## Endocrinologist joins Southeastern Medical Specialists



Daniel Okorodudu, M.D., M.H.S.

Endocrinologist **Daniel Okorodudu**, M.D., M.H.S.,

has joined Southeastern Medical Specialists and the medical staff of Southeastern Health.

Dr. Okorodudu, a native of Houston, Texas, earned a medical degree in 2008 and completed an internal medicine residency in 2011, both from University of Texas Medical Branch in Galveston. He completed a fellowship in endocrinology, metabolism and nutrition as well as a master's degree in health science and clinical research, both at Duke University Medical Center in Durham, NC, in 2014. He is certified by the American Board of Internal Medicine and his areas of special interest include thyroid disease, diabetes, adrenal disorders and pituitary gland dysfunction.

Dr. Okorodudu has a strong passion for educating and encouraging patients to take control of their disease. Lean more about Dr. Okorodudu and his advice for patients with diabetes on the SeHealth YouTube channel at: [www.southeasternhealth.org/diabetes](http://www.southeasternhealth.org/diabetes).

To schedule an appointment with Dr. Okorodudu at Southeastern Medical Specialists, which is located at 4384 Fayetteville Road in Lumberton, call (910) 738-1141.

## Rheumatologist joins Southeastern Arthritis



Maria Watson, M.D.

Rheumatologist **Maria J. Watson**, M.D., has joined Southeastern Arthritis, an affiliate of Southeastern Health. In addition to her work at Southeastern Arthritis, she also provides care at Southeastern Medical Clinic Gray's Creek on Tuesdays and Fridays.

Dr. Watson earned a medical degree from Thomas Jefferson University in Philadelphia, Pa., in 1990. She completed an internal medicine residency at Albert Einstein Medical Center in Philadelphia, Pa., in 1993 and a fellowship in rheumatology at Thomas Jefferson University Hospital in 1995. She is certified by the American Board of Internal Medicine in rheumatology.

Dr. Watson treats different types of arthritis, connective tissue diseases such as lupus and scleroderma, as well as other joint and muscle issues. She provided care in Fayetteville before joining SeHealth on a full-time basis earlier this year.

Southeastern Arthritis is located at Southeastern Health Park, 4901 Dawn Drive, Suite 3400, in Lumberton. Southeastern Medical Clinic Gray's Creek is located at 1249 Chicken Foot Road in Hope Mills. To schedule an appointment with Dr. Watson in Lumberton, call (910) 671-8556; in Gray's Creek, call (910) 423-1278.

## Vascular Surgeon joins SeHealth Heart and Vascular



Lina Vargas, M.D.

**Lina M. Vargas**, M.D., a vascular surgeon, has joined Southeastern Health Heart and Vascular and Duke Cardiology of Lumberton.

Dr. Vargas earned a medical degree at the Pontificia Universidad Javeriana in Bogota, Colombia in 2005. She completed a research fellowship in thoracic and cardiovascular surgery in 2009 and residency training in vascular surgery in 2014, both at The Cleveland Clinic in Cleveland, Ohio.

Her areas of special interest within vascular surgery include: aortic disease, carotid artery disease, peripheral arterial disease, mesenteric and renal artery disease, hemodialysis access and venous disease.

She resides in Fayetteville with her husband, Neurological Surgeon Dr. **Virgilio Matheus**, of Southeastern Spine and Pain.

A video introduction of Dr. Vargas can be viewed at [www.southeasternhealth.org/pad](http://www.southeasternhealth.org/pad). To schedule an appointment with Dr. Vargas, call Duke Cardiology of Lumberton, located in the Southeastern Health Mall in Biggs Park Mall at 2936 Elm Street in Lumberton, at (910) 671-6619.

## Freeman joins Southeastern Spine and Pain



Josh Freeman, N.P.

Nurse Practitioner **Joshua L. Freeman** has joined Southeastern Spine and Pain, an affiliate of Southeastern Health.

A Lumberton native, Freeman earned a bachelor's degree in nursing from UNC Wilmington in 2011 and a master's degree in nursing as an adult/gerontology nurse practitioner from UNC Chapel Hill in May 2014. He most recently practiced at Duke Raleigh Hospital in the neuroscience and medical intensive care units.

"I am excited to return to my hometown to practice and appreciate the opportunity to work with Southeastern Health," said Freeman.

Freeman joins Neurological Surgeon Dr. **Virgilio Matheus** and Physician Assistant **Windy Christy** at the clinic which is located at Southeastern Health Park, 4901 Dawn Drive, Suite 3300, in Lumberton, in Lumberton. To schedule an appointment, call (910) 671-9298.

## Now open: Southeastern Health Park

### ***New facility provides state-of-the-art outpatient surgery center, clinics and pharmacy***

When you have the choice, where would you prefer to heal after surgery: at home or in a hospital? Chances are, many of us would choose the comfort of our home.

Southeastern Health fully understands this. And it's a key reason why we opened Southeastern Health Park this fall. This \$22 million medical facility is home to a 13,000-square-foot, state-of-the-art ambulatory—or outpatient—surgery center; specialty orthopedic, spine and pain management clinics; comprehensive rehabilitation services; and a pharmacy. (For details, see "Take a tour.")

"Southeastern Health Park offers true convenience," says **Jeffery Campbell**, MD, an ear, nose and throat doctor and a participating physician at the surgery center. "There is just one place to go for pre-op testing, surgery and the services you may need to recover. You can fill your prescriptions. And the doctor who performs your surgery may have an office upstairs."

### ***Built with your needs in mind***

Southeastern Health Park is located at 4901 Dawn Drive in Lumberton, between exits 20 and 22 on Interstate 95. Construction began in August 2013, and the facility is now completed and open. Many services are currently available—with the complex scheduled to be fully operational in January.

The Health Park sits on a 26-acre campus and is circled by a walking trail, which all area residents—not just patients—are welcome to enjoy.

### ***But why such a large campus?***

"With a large tract of land, we can expand our outpatient services even more over the next 15 to 25 years," says **David Sumner**, MPH, vice president of Human Services and Planning for SeHealth. "Today and tomorrow, we want to provide truly excellent medical care for our community in the most effective way."

The Surgery Center at Southeastern Health Park is a joint venture between local physicians and SeHealth. "As a financial and collaborative partnership, it helps us to work together—effectively—for the good of patients," explains Dr. Campbell.

"Both the surgery center itself and the Health Park overall are all about being as innovative and progressive as possible in our goal to improve the health—and quality of life—of the people we serve," says Sumner.

### ***More affordable care for you***

Outpatient surgery isn't new at SeHealth. "The hospital is a leader in performing it successfully and safely," says Dr. Campbell. With this type of surgery, patients are usually allowed to go home on the same day as the procedure.

But—for the first time—Southeastern Health Park will give area residents a nearby chance to have outpatient surgery away from a hospital.

"This new option just makes sense," says Dr. Campbell, who is president of the surgery center's board. And the surgery center, in particular, makes strong economic sense too, he says.

"That's largely because outpatient surgery centers don't have the added costs that hospitals face," says Sumner. "As a result, they provide more affordable care."

And, importantly, the savings are passed on to patients. People who have outpatient surgeries away from hospitals often save hundreds of dollars because their health insurance co-pays are reduced, says Dr. Campbell.

### ***Additional advantages***

The surgery center's benefits go beyond providing more affordable care. Emergencies in a hospital can sometimes affect scheduled surgeries. In contrast, surgeries at the new surgery center will be more likely to occur on schedule. This means patients and their families can typically count on surgeries to start on time.

They can also expect:

- Safety. "It's rare for same-day surgery to require a hospital stay," says Dr. Campbell. But if a complication does occur, a system is in place so that patients can be immediately transported to Southeastern Regional Medical Center.
- Easy access. There's plenty of free parking near the Health Park's entrance. And the Health Park itself is easy to navigate.

### ***A closer look***

Built to meet the community's demand for outpatient surgery, the new center has four operating rooms. These are where doctors can perform surgeries—such as tonsillectomies, knee arthroscopy and sinus surgeries—that once required a hospital stay. These outpatient surgeries are now possible because of medical advances, such as minimally invasive procedures, that allow faster recoveries.

The surgery center also features:

Two endoscopy suites. Doctors use an endoscope—a tube with a tiny camera at its end—to see inside the body. Endoscopes can be used to evaluate and treat a variety of health problems.

A procedure room. Doctors perform procedures here that require only local anesthesia—or none at all. For example, they might give epidural injections to ease back pain.

All told, doctors will be able to perform about 6,000 surgeries each year at the center. They can also do about 2,500 endoscopies.

## Growth

### Take a tour

Here's a quick, floor-by-floor look at everything you'll find at the Southeastern Health Park facility:

#### First floor

- The Surgery Center at Southeastern Health Park, a state-of-the-art ambulatory surgery center, 910-887-2361
- Southeastern Pharmacy, 910-671-4223 (opening later this year)

#### Second floor

- Pre-Admission Testing
- Southeastern Orthopedics  
David Dalsimer, DO, orthopedic surgeon  
Staley Jackson, MD, orthopedic surgeon  
Riyaz Jinnah, MD, orthopedic surgeon  
Anastasios Papadonikolakis, MD, orthopedic surgeon  
Matt Davis, physician assistant  
Catrina Moore, physician assistant  
For an appointment, call 910-738-1065.

#### Third floor

- Southeastern Spine and Pain  
Virgilio Matheus, MD, neurological surgeon  
Kailash Chandwani, MD, anesthesiologist  
Thomas Florian, MD, pain management specialist  
Windy Christy, physician assistant  
Josh Freeman, nurse practitioner  
For an appointment, call 910-671-9298.

- Southeastern Arthritis  
Maria Watson, MD, rheumatologist  
Bilal Muzaffar, MD, rheumatologist  
For an appointment, call 910-671-8556.

- Carolina Complete Rehab  
Physical and occupational therapy  
For an appointment, call 910-618-9807.

- Southeastern Neuromuscular Rehabilitation Center  
Monica Carrion-Jones, MD, specialist in physical medicine and rehabilitation  
For an appointment, call 910-735-2831.

**DID YOU KNOW?** The new pharmacy at Southeastern Health Park will be available to everyone when it opens later this year—not just to people who are treated at the Health Park. It's conveniently located at 4901 Dawn Drive in Lumberton, between exits 20 and 22 on Interstate 95.



## Image and Community



### New Vision Statement

To be the health system of choice by advancing the health of our communities through partnerships, learning, and providing high quality and compassionate care.

**2nd Annual**

### *“A Healthier Community”* HEALTH CARE SUMMIT

Tuesday, November 11, 8 am to noon

A.D. Lewis Auditorium, Robeson Community College

Health care topics will include: Prevention and wellness; best practices for health improvement; and state and local health status updates. Panel discussion and break-out sessions for health care providers, business leaders, and governmental officials, as well as the general public, including faith-based leaders. A live broadcast of the event will be available at [www.southeasternhealth.org/healthcaresummitlivestream](http://www.southeasternhealth.org/healthcaresummitlivestream).

### **Southeastern Hospice’s 29th Festival of Trees**

# Here Comes Christmas

**Holiday tree display | Santa’s Shop crafts**

Townsend Bldg. - Osterneck Auditorium,  
102 N. Chestnut St., Lumberton, NC  
(across from the Robeson County Public library)

**Schedule**

Sunday, December 7  
1 until 5 p.m.  
Monday – Tuesday,  
December 8 & 9  
9:30 a.m. until 5:30 p.m.

**Admission fees**

\$3.00 Adults  
\$2.00 Senior citizens and children  
(under 12 admitted free)  
PrivilegesPlus members may  
present card for free admission.



Call 671-5577 for more information.

***Proceeds benefit Southeastern Hospice and Camp Care.***

## EAP Focus on Domestic Violence

### Love Shouldn't Hurt

***Laura Jane was certain it was all a misunderstanding and somehow her fault. During an argument, he called her cruel, vile names and accused her of seeing other men. She knew he hadn't meant it, because he sent flowers the following day.***

***A few days later he threw her into a wall and started choking her. She knew he was sorry when she got flowers.***

***Now Laura Jane feared for her life and the life of the baby she was carrying. Her hands were tied behind her back and he was beating her with a flashlight. When the viciousness of the attack resulted in a broken flashlight, he beat her with his fists and elbows while he retrieved another one. He pulled out large tufts of her hair and threatened to kill her if she sought assistance from the police or medical personnel. She miscarried a few days later as a result of the abuse.***

***The flowers never came.***

October is National Domestic Violence Awareness Month. It's a painful subject that makes us uncomfortable. "If we ignore it, maybe it will go away," we think. One thing is certain, according to local and national statistics, domestic violence continues to rise and the recent domestic violence and child abuse charges against multiple NFL professional football players has resulted in a badly needed national conversation about this insidious problem and what constitutes violence.

Emily Locklear, Executive Director of the Southeastern Family Violence Center, reports that in 2013, nearly 1200 clients were served, including 267 males, 325 children under 17, 3 percent elders, and the center responded to 1192 crisis calls. Forty percent of the clients served were American Indian, 29 percent African American, 23 percent Caucasian, 6 percent Hispanic and 2 percent other.

A significant percentage of Southeastern Health employees and family members who visit the Employee Assistance Program express concerns about domestic violence, and a large number of employees anonymously call seeking information on coping with various forms of violence (physical, verbal, sexual, emotional) in their homes, workplace and community lives. The veil of secrecy and shame surrounding family violence issues is difficult to penetrate, but education, publicity, improved reporting procedures and the fine work of the SFVC, schools, churches, and community agencies indicate gains are being made.

Some startling facts:

- Every 9 seconds in the United States, a man beats a woman.
- Men who abuse their partners are more likely to abuse the children in the home.
- Studies have found that 30 percent of male child witnesses to domestic violence become abusers as adults.
- Domestic violence costs the U.S. economy an estimated \$8.3 billion in expenses annually: a

## People

by EAP Specialist Jack Crain



Jack Crain

combination of higher medical costs (\$5.8 billion) and lost productivity (\$2.5 billion). (Forbes)

The insidiousness of domestic violence too often leaves the victim unaware that she [or he] is being abused. Could that be you or a loved one? Consider:

- **Are you blamed or called names whenever things go wrong?**
- **Does your partner's use of alcohol or drugs result in conflict?**
- **Are you forbidden to use money? Do you never buy anything for yourself?**
- **Is it impossible to enjoy outside friendships due to jealousy?**
- **Does your partner have a "Jekyll & Hyde" personality?**
- **Do you "cover" or make excuses for your mate's behavior?**
- **Are you forced to have sex when you don't want to?**
- **In childhood, was your partner or his/her mother abused?**
- **Does your partner humiliate or embarrass you in the presence of others?**
- **Is there a scene if you express an opposite opinion?**
- **Are you afraid of your partner?**

If you answered yes to any of these questions, it may indicate abuse is present. If your relationship with your partner has you feeling exhausted, isolated, frightened, and bad about yourself, realize right now that a genuinely loving relationship would not produce those feelings. **NO ONE DESERVES TO BE ABUSED!**

"Love is patient and kind. Love is not jealous or possessive. Love is not rude or selfish, is not easily angered and does not hold a grudge. Love always protects, always trusts, and doesn't force itself on others." (1 Corinthians 13).

We care about you. When you're ready to call, EAP is ready to help. Call 910.671.5067.

## People

### **Bear Team customer service excellence winner**



Shereta Jenkins

Oncology Social Worker **Shereta Jenkins** (Gibson Cancer Center) was recognized as Southeastern Health's Bear of Excellence for the month of August.

This award is presented to employees who exceed expectations. Jenkins was recognized for assuring continuity of care and services; being a team player for the organization; and refraining from making excuses, blaming or using phrases such as "not my job."

Jenkins devoted more than 15 hours in negotiations with pharmaceutical and insurance companies to enable a Gibson Cancer Center patient to get needed medications with no out-of-pocket costs, saving him more than \$10,000. She remained dedicated and committed to assisting the patient throughout a process that was described by all involved as the most difficult case ever encountered.

"My favorite part of my job is making a difference for the patients by helping find ways to provide them with nutrition and transportation, often through assistance from the Southeastern Health Foundation," said Jenkins.

Jenkins lives in Lumberton with her husband and son and has worked for Southeastern Health for eight years.

### **Speakers bureau**

Director **Sissy Grantham** (SeHealth Foundation) spoke to Kiwanis of Robeson on Aug. 20 on *SeHealth Foundation and your community hospital*.

VP Dr. **Robert Hasty** spoke to Lumberton Rotary Club on Sept. 16 on SeHealth's Medical Education program.

Dietitian **Morgan Baryla** (Food and Nutrition Services) spoke to Woodfield II residents in Fairmont on Sept. 17 on *Managing cholesterol*.

OB/GYN **Brandon Locklear, M.D.**, (Southeastern Women's Healthcare) spoke to the Robeson, Sampson and Wayne County Obstetric Care Managers on Sept. 11 on *Pregnancy Medical Home*.

### **Promotions**



**Sonja Hilburn**  
(Emergency Services) -  
Manager

**Wendy Ackerley** (Southeastern Orthopedics) - Ortho surgical asst.

**Sandra Bell** (Medical Imaging) - Ultrasound technologist

**Katherine Cummings** (Surgical Services) - Team leader

**Rhonda Davis** (Endoscopy) - Endoscopy tech

**Sherry Davis** (7-Tower) - Staff RN

**Heather Edwards** (Wound Healing Center) - Supervisor

**Carla Jane Gibson** (PACU) - Shift supervisor

**Lakeshea S. Love** (Pharmacy) - Clinical pharmacist

**Virginia Ludlum** (Central Services) - Assistant

**Sabrina Maestas** (Gibson Cancer Center) - IS specialist

**Tammy McDuffie** (CDU) - Shift supervisor

**Shannon Osborn** (Pharmacy) - Clinical pharmacist

**Latesha Pait** (Cardiovascular Medicine) - Nurse manager

**Robert Savage** (3-East) - Manager

**Rebecca Singletary** (CDU) - Shift supervisor

**Shawn Smith** (Emergency Services) - Shift supervisor

**Shonda Tucker** (Community Health) - Health info. specialist

**Madison Walters** (Revenue Cycle) - Patient accounts rep.

**Pamela Williams** (Central Services) - Supervisor

### **Bear Team customer service excellence winners**



Rev. Dean Carter



Tammy Bradshaw

Pastoral Care Coordinator Rev. **Dean Carter** (Navigation) and Hospice Liaison **Tammy Bradshaw** (Supportive Care) were recognized as Southeastern Health's Bears of Excellence for the month of September.

This award is presented to employees who exceed expectations. Carter and Bradshaw were recognized for assuring continuity of care and services; being team players for the organization; and refraining from making excuses, blaming or using phrases such as "not my job."

They were recognized for taking extra steps to create a home-like environment in the hospital room of a terminally-ill patient who was too sick to transfer home for in-home hospice care or to Southeastern Hospice House. The family and the patient's physical and spiritual needs were met even through the patient's end-of-life journey.

"It is a wonderful feeling to be able to be of comfort to patients in their time of need," said Carter.

"I have found that Southeastern is a very patient oriented," said Bradshaw. "The organization goes through a lot to make sure all patient needs are met."

Carter lives in McDonald and has worked for SeHealth for 19 years. Bradshaw lives in Bladenboro and has worked for SeHealth for 20 years.

### **Achievements**

Endoscopy Tech **Bridgit McPhatter** (Surgical Services) was selected as a winner in the individual category for the North Carolina GlaxoSmithKline Child Health Recognition Award for her volunteer work with Girl Scouts, the Carolina Glitterettes, a soup kitchen in Red Springs and a Step-Up diabetes fundraiser.

### **In memoriam**

**Paul Pitman**

IP/OP

1954 - 2014

**William Carter**

Emergency Services

1943 - 2014

**Linda Willoughby**

3rd East

1949 - 2014